

# WING KEI

## Family update #17

September 21, 2020

Dear family and friends,

We continue to remain free of COVID-19 in our centres. We have a few updates for you and invite you to attend the Family Town Hall on Wednesday.

### New public health order

The Chief Medical Officer of Health released public health Order 32-2020 which impacts supportive living and continuing care centres. The order pertains to expectations around isolation and quarantine, visitor screening, inviting volunteers back into the centres, resident outings, safe transportation, and more. We will be outlining the details of the order at our Family Town hall this Wednesday, September 23. Please join us.

### Bringing food for your loved one

Thank you for sending expressions of your love through food deliveries and following our Wing Kei protocols. Please be aware of these new guidelines that have been set out.

- Each resident is able to receive a maximum of two perishable foods and two non-perishable foods delivered to them on their designated day of the week
- Foods should be portioned to be single serving only
- Cooked food is kept for one day
- Non-cooked food and opened non-perishable food is kept for three days
- Restaurant food is now accepted—please keep your loved one’s diet/health needs in mind

	<b>Wing Kei Crescent Heights Between 930 am and 1030 am only</b>	<b>Wing Kei Greenview Between 930 am and 1030 am only</b>
Monday	N/A	Residents living on the Main Floor
Tuesday	Residents living on the 2 <sup>nd</sup> Floor	Residents living on the 2 <sup>nd</sup> Floor SL4
Wednesday	Residents living on the 3 <sup>rd</sup> Floor	Residents living on the 3 <sup>rd</sup> Floor SL4
Thursday	Residents living on the 4 <sup>th</sup> Floor	Residents living on the 2 <sup>nd</sup> Floor LTC
Friday	Residents living on the 5 <sup>th</sup> Floor	Residents living on the 3 <sup>rd</sup> Floor LTC

### Protect yourself and Wing Kei: flu vaccination

As the leaves turn colour, we know that an Alberta winter is only a few weeks away. With that, comes the annual flu season. We are fortunate that almost every resident and staff takes the vaccine each year. Wing Kei has among the highest immunization rates in the seniors care sector. This year, we ask that you also take the vaccine. By taking the vaccine, you help to protect all Wing Kei residents and staff from the flu when you come to the centre to visit your loved one. Remember that the flu vaccine is different from year to year depending on which strains it is protecting against.

### Seeking support staff

We are hiring housekeeping and support staff and would appreciate your referrals. Please direct inquiries to our Human Resources Department at [careers@wingkei.org](mailto:careers@wingkei.org).

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## Recreation update

With the crispness and coolness of autumn in the air, our seniors have been exploring and enjoying some old and new hobbies. An example of a traditional hobby that residents have always enjoyed is harvesting after a successful season of growing: juicy tomatoes, giant zucchinis, and even a Calgary grown watermelon (brought in by a thoughtful friend!). The seniors enjoyed capturing the beauty of nature with paints and making hanging ornaments for the gardens. As residents strolled through the gardens, they admired these handmade art pieces written with some positive words such as joy, happiness, and cheers!



## Report to the Community

Our latest report to the community, called *Nothing Is Impossible When You Put Your Trust in God*, is available on our [website](#). The report features stories, facts and data, success and achievements. Please take a moment to read through it and share it with your friends and family. You can find the report at [wingkei.org > about > annual reports](#).

## Family Town Hall

Our next Family Town Hall will be held on Wednesday, September 23, 2020 from 5:30 pm to 6:30 pm. Contact [selinacheng@wingkei.org](mailto:selinacheng@wingkei.org) for the Zoom link. Please email us your questions as soon as possible before the Town Hall so that we can be sure to respond to them during the meeting. Please note that general questions will be answered at the Family Town Hall. If you have specific questions about your loved one, please direct them to your manager.

Thank you for your continued understanding and patience. We look forward to connecting with you at the Family Town Hall.

*Shout for joy to the Lord, all the earth.*

*Worship the Lord with gladness; come before him with joyful songs.*

*Psalms 100: 1-2*

Kathy Tam  
Chief Executive Officer